

Residence:

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Academic Affiliation:

Palo Alto University
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Education

- 2011 - 2017 **Doctor of Philosophy in Clinical Psychology**
Palo Alto University
Palo Alto, CA
APA Accredited
Dissertation Advisor: Larry E. Beutler, Ph.D., ABPP, FAPA
Dissertation Title: *“The Impact of a Common Factors, Principle-Based Supervisory Approach on Treatment Outcomes at a Psychology Training Clinic”*
- 2011 - 2014 **Master of Science in Clinical Psychology**
Palo Alto University
Palo Alto, CA
- 2005 - 2010 **Bachelor of Arts Honors, Psychology**
University of Winnipeg
Winnipeg, MB, Canada
Advisor: Douglas Williams, Ph.D.
Thesis Title: *“Summation of Timing Functions in Appetitive Pavlovian Conditioning in Rats”*

Registration

- Sep. 24, 2024 **Licensed Psychologist**
Minnesota Board of Psychology: LP7103
- Oct. 18, 2018 **Registered Psychologist**
College of Psychologists of British Columbia: 2413

Clinical Experience

- Jan. 2026 - Present **Licensed Clinical Psychologist**
Private Practice - Ready Psych Go., Minneapolis, MN
Sole proprietor of new psychology practice in the U.S.:
www.readypsychgo.com

Provide outpatient individual psychotherapy as well as psychological assessments across age groups.

Guide clinical supervision to doctoral students.

Attend to all aspects of the business – scheduling, billing, accounting, record keeping, client experience, and public relations.

Dec. 2018 - Present

Registered Clinical Psychologist

Private Practice - Vancouver, B.C.

Sole proprietor of psychology practice in Canada:

www.mypsychologybc.com

Sold in February, 2026

New operating name: www.pacificmaplepsych.com

Provided outpatient individual and group psychotherapy in tandem with a wide range of psychological testing including Mental Health, ADHD, Psychoeducational and ASD assessments.

Supported doctoral students with their clinical supervision.

Solely responsible for all business needs: scheduling, bookkeeping, accounting, staff management and client experience.

Oct. 2020 - Sep. 2023

Registered Clinical Psychologist

Faculty of Arts & Social Sciences - Psychology

Simon Fraser University, Burnaby, B.C.

Offer regular individual supervision supporting both MA and Ph.D. candidates engaged in the practice of psychological assessment and treatment.

Provide clinical consultations at the Clinical Psychology Centre for urgent clinical matters.

Coordinate graduate students' clinical external practicum placements. Manage student placements, coordinate information night, guide students regarding practica, review student applications, and assign grades. Reviewing and evaluating existing practicum sites.

Sept. 2019 - Jun. 2022

Clinical Supervisor

Adler University, Vancouver, B.C.

Offer regular individual and group supervision at the Clinical Psychology Graduate Program supporting both MA and Psy.D. candidates engaged in the practice of psychological assessment and treatment.

Provide training, review, and sign-off for all student clinical documentation.

Create regular formal evaluation of the graduate students.

Liaise with partner agency staff members to coordinate referral processes, clinical service delivery, and consultation services.

Program development of the pre-doctoral internship program - Adler Community Health Services (ACHS).

Sept. 2017 - Feb. 2019

Registered Clinical Psychologist

Post-Doctoral Clinical Consultant (Sept. 2017 - Oct. 2018)

Back in Motion (BiM) Rehab, Vancouver, B.C.

BiM is a full-service rehabilitation and employment solutions company assisting Vancouver residents in the Metro Area overcome barriers and realize their employment goals.

Provided evidence-based interventions to individuals on short and long term disability with the ultimate goal of improving their level of functioning for the purpose of re-entering the job market.

Completed Vocational, ADHD, and Learning Disorder psychological assessments. The assessments were used to determine individuals' level of cognitive functioning, academic achievement, and vocational interests.

Diagnosed learning disorders and provided clarification around any existing mental health disorders.

Supervisor: Brenda Hogan, Ph.D.

Jul. 2016 - Jun. 2017

Intern

Alaska Psychiatric Institute (API), Anchorage, AK

API provides acute, inpatient mental health services for Alaska's metropolitan, rural, and tribal communities. Patients are treated on two adult, one adolescent and two adult forensic units.

Provided acute psychiatric stabilization and brief therapeutic services to individuals who were in crisis, were decompensated, or otherwise unable to remain in their home communities due to serious mental illnesses.

Completed psychological evaluations with adolescents, adults, and geriatric patients.

Facilitated a wide range of therapeutic and psycho-educational groups on the civil units and a dual diagnosis therapy group on the forensic units.

Active member of an interdisciplinary treatment team where collaboration with psychiatrists, social workers, recreational therapists, occupational therapists, nurses, and psychiatric nursing assistants happened on a regular basis.

Supervised practicum students.

Supervisor: Tamara Russell, Psy.D.

Sept. 2014 - Jun. 2015

Practicum Student

Comprehensive Crisis Services, San Francisco, CA

A mobile crisis intervention service for residents of San Francisco who are experiencing acute depression, suicidal ideation, homicidal ideation, psychosis, family violence, and violence within the community.

Provided emergency psychiatric crisis assessment/intervention services in the field, aimed at assessing immediate safety to self and/or others.

Conducted emergency involuntary hospitalization assessments.

Provided consultation services to consumers, housing support systems, mental health providers, and other community partners. Population included adults living within the city of San Francisco and children experiencing acute mental health issues, psychosis, suicidal and homicidal ideation, behavioral problems, juvenile involvement, and youth exposure to violence.

Supervisor: Donna Griffith, Ph.D.

Jan. 2014 - Sep. 2014

Practicum Student

Private Practice with Carol Wong, San Mateo, CA

Dr. Wong's private practice serves young children, school-age children, adolescents, and young adults/college students, specializing in Autism Spectrum, ADHD, and anxiety disorders.

Co-led social skills groups for adolescents on the Autism Spectrum with ADHD and/or anxiety.

Supervisor: Carol Wong, Ph.D.

Aug. 2013 - Sep. 2014

Practicum Student

San Mateo Child and Family Treatment Collaborative, San Carlos, CA
Part of a multidisciplinary team within Edgewood Child and Family Services providing care to children, youth, and their families as they overcome the effects of trauma and neglect by proceeding through the Child Protective Services system.

Provided individual and family therapy incorporating methods from CBT, play therapy, and supportive therapy.

Provided case management in collaboration with social workers.

Supported with therapy provided in schools, residential, and community settings.

Supervisor: Nancy Quiggle, Ph.D.

Jul. 2013 - Aug. 2013

Practicum Student

Quest Therapeutic Camps, Menlo Park, CA

An intensive summer program for youth, aged 6-18, experiencing mild to moderate behavioral, emotional, and/or social difficulties. Individualized treatment plans are made for each camper in the effort to address the most consequential problematic behaviors. These goals are attained through group and milieu therapy.

Assisted in the direction, supervision, and organization of camp activities in order to meet the intended camper outcomes.

Provided psychological support for campers between 6 and 17 years old, who met criteria for Autistic Disorder, Conduct Disorder, Major Depressive Disorder, Generalized Anxiety Disorder, Social Anxiety Disorder, and Attention-Deficit Hyperactive Disorder.

Attended parent meetings and provided ongoing communications and engagement with parents.

Supervisor: Robert Field, Ph.D.

Jun. 2010 - Jun. 2013

Practicum Student, Kurt and Barbara Gronowski Clinic

Palo Alto University, Los Altos, CA

A community-based mental health care clinic affiliated with Palo Alto University serving adults, adolescents, and children.

Diagnosed using the DSM-IV-TR, wrote, and revised progress reports, terminations, intake assessments and treatment plans, and conducted phone screenings.

Provided individual interventions to patients between 21 and 58 years old, who met the criteria for various mental disorders, including Major Depressive Disorder, Generalized Anxiety Disorder, Attention-Deficit Hyperactive Disorder, Substance Abuse Disorder, Post-Traumatic Stress Disorder, and Paranoid Personality Disorder.

Utilized videotapes in individual and group supervision in order to facilitate learning and ameliorate patient care.

Administered, scored, and provided feedback for psychodiagnostic tests, to determine cognitive functioning and various levels of impairment to gauge change over time among patients.

Supervisor: Kelly Yi, Ph.D.

Dec. 2010 - Aug. 2011

Respite Provider, Marymound, Winnipeg, MB

An agency supporting community-based services by providing safe living environments, academic preparation, therapeutic interventions, and advocacy for families in need.

Aided foster parents in care of Aboriginal adolescents with Fetal Alcohol Spectrum Disorder (FASD).

Helped patients engage in activities outside of the home, including the facilitation of social interactions, cooperative play, and an array of basic interpersonal skills.

Supervisor: Lisa Scrivens

Research Experience

May 2015 - Mar. 2016

Research Assistant, Fitzpatrick's Eating Disorder Lab

Department of Psychiatry & Behavioral Sciences

Stanford University, Palo Alto, CA

A neuroscience lab and inpatient unit in the Department of Psychiatry and Behavioral Sciences at Stanford University aimed at assessing eating disorders and evaluation of treatments for children and adolescents.

Administered, scored, and interpreted neuropsychological assessments for research participants.

Co-facilitated process groups, psychoeducational groups, an individual/family therapy sessions for adolescents receiving inpatient treatment.

Supervisor: Kathleen Kara Fitzpatrick, Ph.D.

Apr. 2014 - Mar. 2016

Research Assistant, The Etkin Lab
Department of Psychiatry & Behavioral Sciences
Stanford University

Palo Alto, CA

A neuroscience lab in the Department of Psychiatry and Behavioral Sciences at Stanford University and in the Mental Illness Research at Palo Alto, VA with a focus on examining the neuroscience of emotion regulation within Depression, Anxiety, and Post-Traumatic Stress Disorder.

Assessed clinical intakes to ascertain potential study participants that included personal, medical and neuropsychological history and current symptoms in the context of possible underlying neurological, general medical or psychiatric conditions for research studies.

Administered and scored cognitive, neurological, and psychodiagnostic tests to examine functioning pre and post-treatment.

Taught incoming students/professionals the mechanics of the psychodiagnostic tests.

Supervisor: Amit Etkin, MD, Ph.D.

Feb. 2013– Sep. 2015

Dissertation Research
Palo Alto University, Palo Alto, CA

The aim of this study is to explore psychotherapy treatment outcomes when utilizing Systematic Treatment Selection, a common factor principles-based approach used during supervision at a training clinic.

Study Name: “The Impact of a Common Factors, Principle-Based Supervisory Approach on Treatment Outcomes at a Psychology Training Clinic.”

Committee: Chair, Larry E. Beutler, Ph.D.

Reader: Nancy A. Haug, Ph.D., and Bruce Bongar, Ph.D.

Jul. 2012 – Nov. 2012

Research Assistant
Palo Alto University, Palo Alto, CA

The grounds for this exploratory study was to evaluate the consistencies of the disposition process across California juvenile probation in the hope of identifying a common element related to assessment and treatment.

Arranged phone interviews with Probation Officers and asked predetermined questions to test disproportionate prevalence rates of mental health disorders among adolescents across counties in the state of California.

Sent letters to 58 California county juvenile probation departments requesting their county disposition report forms.

Advisor: Larry E. Beutler, Ph.D.

Oct. 2011– May. 2012

Research Assistant

Palo Alto University, Palo Alto, CA

The purpose of this study was to assess narrative competencies among children with ADHD.

Coded narratives using a Story Grammar Rating Form and the Causal Network Model.

Advisor: Robert Russell, Ph.D.

Aug. 2009 – May. 2010

Thesis Research, Rat Laboratory

University of Winnipeg, Winnipeg, MB

The purpose of this study was to evaluate predictions of the scalar timing theory in rats.

Conducted appetitive conditioning experiments in rats, which involved data input, analysis using Prism and SPSS, write-up, and oral defences.

Advisor: Douglas Williams, Ph.D.

May. 2010 – Aug. 2010

Research Assistant, Rat Laboratory

University of Winnipeg, Winnipeg, MB

The purpose of this study was to see if chronic unpredictable stress would increase the likelihood of rats to develop alcohol dependence (drug seeking behavior).

Conducted stress-inducing experiments with rats.

Advisor: Harinder Aujla, Ph.D.

Teaching Experience

Sep. 2020 - Jun. 2025

Adjunct Faculty

Adler University, Vancouver, BC

Cognitive/Behavioral Approaches to Intervention.

Psychodynamic Approaches to Intervention.

Develop curricula and deliver course material to graduate students.

Grade papers.

Jan. 2016 - Mar. 2016 **Teaching Assistant, Developmental Psychology, Research Methods and Statistics**
De Anza College, Cupertino, CA

Lectured classes.

Provided individual tutoring for students.

Graded papers and exams.

Supervisor: Paul Marcille, Ph.D.

Oct. 2014 - Sep. 2016 **Graduate Tutor, Statistics for Behavioral Sciences, Writing**
Palo Alto University, Palo Alto, CA

Provided individual tutoring for students.

Supervisor: Ana Castrillo, Psy.D.

Certification

Autism Diagnostic Observation Schedule, Second Edition (ADOS-2)

Autism Diagnostic Interview – Revised (ADI-R)

Professional Publications

Stein, M., Beutler, L. E., Kimpara, S., Haug, N., H. Brunet., Someah, K., Edward, C. & Macias, S. (2021). Casting and Advocacy Model of Training Helpers: Principle-Based Supervision in a Training Clinic to Strengthen Health and Well-Being. In A. Di Fabio (Eds.), *Cross-cultural Perspectives on Well-Being and Sustainability in Organizations* (pp. 37 - 52). Springer Nature Switzerland AG. https://doi.org/10.1007/978-3-030-86709-6_3

Beutler, L. E., Someah, K., & **Stein, M.** (2017). Patient Factors in Treatment. Publications. In Wenzel, A. E. (Ed), *Sage Encyclopedia of Abnormal and Clinical Psychology*. (pp. 24991-2492). New York: Sage Publications, Inc. doi: 10.4135/9781483365817.n1000

Holt, H., Beutler, L. E., Kimpara, S., Macias, S., Haug, N. A., Shiloff, N., Goldblum, P., Tempkin, R. S., & **Stein, M.** (2015). Evidence-based supervision: Tracking outcome and teaching principles of change in clinical supervision to bring science to integrative practice. *Psychotherapy, 52*(2), 185-189. doi:10.1037/a0038732

Forrester, B., Wong, G., Kimpara, S., Micevic, N., Holt, H., & **Stein, M.** (2013). Bridging research and practice in community-based minor consent treatment program. *The Clinical Psychologist, American Psychological Association, 66*(1), 4-7.

Beutler, L. E., Forrester, B., Holt, H., & **Stein, M.** (2013). Common, specific, and cross-cutting psychotherapy interventions. *Psychotherapy, 50*(3), 298-301. doi:10.1037/a0032405

Posters

Someah, K., Edwards, C., **Stein, M.**, & Beutler, L. E. (2015, August). *Meta Analysis: Functional Impairment*. Paper presentation at the seventh Asian Association of Indigenous and Cultural Psychology, Bandung, Indonesia.

Beutler, L. E., Kimpara, S., **Stein, M.**, & Holt, H. (2015, August). *An evidenced Based Integrative Model for Teaching Psychotherapy*. Poster session presented at the meeting of the American Psychological Association Annual Convention, Toronto, ON, Canada.

Beutler, L. E., Kimpara, S., Holt, H., & **Stein, M.** (2015, June) *Systematic Treatment Selection: 8 Evidence-Based Principles in Supervision training*. International Society of Psychotherapy Research, Philadelphia, PA.

Someah, K., **Stein, M.**, Edwards, C., & Beutler, L. E. (2015, May). *Meta Analysis: Functional Impairment*. Poster session presented at the Western Psychological Association, Las Vegas, NV.

Beutler, L. E., Kimpara, S., Holt, H., & **Stein, M.** (2015, January). *An Evidence-Based Integrative Model for Teaching Psychotherapy*. Poster session presented at the Society for Psychotherapy Research, Orlando, FL.

Stein, M., Forrester, B., Holt, H., DiVitali, S., & Beutler, L. E. (2013, August). *Cultural Formulation Training for California Juvenile Probation Officers*. Poster session presented at the meeting of the American Psychology Association Annual Conference, Honolulu, HI.

Forrester, B., **Stein, M.**, Holt, H. & Beutler, L. E. (2013, August). *An Evaluation of the Effectiveness of Self-Report Measures in Juvenile Probation*. Poster session presented at the meeting of the American Psychology Association Annual Convention, Honolulu, HI.

- Forrester, B., Holt, H., **Stein, M.**, & Beutler, L. E. (2013, March). *A systematic review of California juvenile probation disposition data gathering and reporting*. Poster session presented at the meeting of American Psychology-Law Annual Conference, Portland, OR.
- Forrester, B., Boyer, A., Holt, H., Shiue, C., **Stein, M.**, Tomlins, J., & Beutler, L. E. (2012, June). *Innerlife: The technological application for Systematic Treatment Selection*. Society of Psychotherapy Research Annual Conference, Virginia, VA.
- Chuchmuch, J. A., **Stein, M.**, & Williams, D. A. (2010, June). *Multiple Interval Generalization in Rats*. Pavlovian Society Meeting, Baltimore, MD.
- Stein, M.** & Williams, D. (2010, April). *Summation of Timing Functions in Appetitive Pavlovian Conditioning in Rats*. Paper presented at the University of Winnipeg undergraduate conference, Winnipeg, MB.

Professional Affiliations

May. 2019 - Present	Canadian Psychological Association
May. 2020 - Present	National Register of Health Service Psychologists
Sept. 2011 - Sept. 2017	American Psychological Association student affiliate member
Sept. 2011 - Jun. 2016	Society of Clinical Psychology (Division 12) student affiliate member
Feb. 2013 - Feb. 2014	Campus Representative – Palo Alto University
Sept. 2011 - Jun. 2016	California Psychological Association student affiliate member

REFERENCES**Larry Beutler, Ph.D., ABPP., FAPA**

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Palo Alto University
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E-mail: Kevin.Gomes@backinmotion.com

Brenda Hogan, Ph.D.

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